

Bub, Carissa

Working the white space - Workshop 45 mins -

Organization	Bubworks
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Abstract

A systems approach to working with teams looks at the team as a living entity to which all members contribute. The team coach moves beyond focusing on individuals to working directly with the interdependent system itself. Given this approach there is a lot of information available in the White Space that a skilful team coach can use to reflect back to the team some of their dynamics and methods of communication, whilst offering them tools to build trust and positivity within the team.

This interactive workshop will look at:

- How a systems approach to teams allows a shift in focus from individuals to the living entity, that "third, invisible, intangible force" that we call a relationship system, and how working with that equips us to not only explore and understand our own perspective, but to truly appreciate and experience the position of someone else.
- The four team toxins and how they impact communication within a team
- Working with the emotional field to improve communication and the ability to have open and honest dialogue amongst team members

The workshop will provide the participants with insights and perspectives through which they will be better equipped to communicate effectively across cultures.

Learning outcomes for participants

- Learn tools to build trust and safety with groups and teams
- Identify your learned preferred toxic communication style and how to remove its negative impact
- Know how to reveal a system to itself in order to increase awareness and responsiveness

Profile

Carissa is an Organisational Relationship Coach and advisor to senior management and Boards. She has significant experience working with leadership, supporting strategic initiatives dependent on high performance and cross-functional alignment. She is an International Coaching Federation accredited Co-Active Professional Coach (CACC), Neuro-Linguistic Programming (NLP) Master Practitioner, accredited Team Coach and facilitator, graduate of Organisational Relationship Systems Coaching ((ORSC), psychometric assessor and a professionally qualified broadcast journalist.

Her international client base includes established global organisations, fast-growing businesses, partnerships and government authorities. She has significant experience working cross-culturally in private equity, professional services, food and drink, energy and healthcare, as well as the not-for-profit and charitable sector. Most clients are Chief Executives, Managing Directors, Partners and senior teams as well as the organisation itself where her role is "house" coach. Carissa continues to be closely associated with communication agencies, providing added value to their clients as a performance, media and presentation coach.